

Updated 05/13/20

Dear members of the Austen Riggs Center Community:

In my last update I announced that the Center would resume admissions in May. After detailed planning and research involving our staff, consulting physicians, and local and state medical sources, we have established a version of our Inn Residential Program that features extensive precautions to preserve the health and well-being of all our patients and staff. For all new patients admitted to this program (known as "IRP-NQ"), these measures include a two-week on-campus quarantine, daily COVID-19 medical check ins, and COVID-19 testing prior to entering the broader patient community.

During the quarantine period new patients will have remote access to a range of services, including individual psychodynamic psychotherapy sessions, groups, and therapeutic community programming. They will also have the option for several outdoor quarantine breaks a day on the Riggs campus, using social distancing and other safety measures.

To learn more, please visit our [IRP-NQ webpage](#). Should you have any questions not covered there, please feel free to contact the Center via the instructions below.

As always, my thanks for your support and trust as we move forward in these challenging times.

Be well,

Eric M. Plakun, MD
Medical Director/CEO