

Ineligible OTC Items

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| <ul style="list-style-type: none"> • Acne bars • Baby diapers • Cosmetics • Deodorants • Eye glass cleaning products • Face creams • Feminine hygiene products | <ul style="list-style-type: none"> • Hair removal products • Insect repellants • Lip balms (e.g. Chapstick, Blistex) • Lotions/Moisteners • Mouthwashes • Shampoos • Soaps | <ul style="list-style-type: none"> • Stay awake aids (e.g. No Doz) • Suntan lotions • Teeth whitening products • Toiletries • Toothpaste • Tooth brush • Wrinkle reducers |
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Eligible OTC Items

(must provide itemized receipt)

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| <ul style="list-style-type: none"> • Acne treatment products • Adult incontinence products (e.g. Depends) • Allergy medicines (e.g. Benadryl, Claritin, Sudafed) • Anti-fungal medications (e.g. Micatin, Lotramin AF) • Anti-itch medications (e.g. Benadryl, Caladryl, Cortizone) • Antihistamines • Birth control products (e.g. prophylactics, pregnancy tests) • Cold medicines • Cold sore medications • Cough drops, throat lozenges • Cough suppressants • Decongestants • Denture adhesives • Diabetes supplies • Diaper rash ointments | <ul style="list-style-type: none"> • Ear supplies (e.g. water drying aid, wax remover, ear syringe) • First aid creams • First aid supplies • First aid kit • Gastrointestinal aids (e.g. antacids, anti-diarrhea medicines, laxatives, nausea medications) • Health monitors (e.g. blood pressure, cholesterol, HIV, thermometers) • Heat wraps • Heating pads, hot water bottles • Hemorrhoid creams • Lactose intolerance pills (e.g. Digestive Advantage, Lactaid) • Lice treatment products (e.g. Nix, Rid) • Medicine dropper/spoon • Motion sickness pills/devices • Nasal sprays for congestion • Nasal strips | <ul style="list-style-type: none"> • Ointments for muscle/joint pain (e.g. BenGay, Tiger Balm) • Ophthalmic products (e.g. Ocu Hist, Visine, Saline solution) • Pain relievers (e.g. aspirin, Excedrin, Tylenol, Motrin) • Sinus medications • Sleeping aids (e.g. Tylenol PM) • Smoking cessation products (e.g. nicotine gum or patches) • Sunscreen • Supports/braces (e.g. ankle, knee, wrist, therapeutic glove, support hosiery) • Suppositories • Toothache relievers (e.g. Orajel) • Topical ointments for gingivitis • Wart remover medications • Yeast infection creams (e.g. Monistat) |
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Dual-purpose Items

(require itemized receipt and Certification of Medical Necessity form)

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| <ul style="list-style-type: none"> • Acne products, (e.g. cleansers, washes, wipes, pads, astringents, scrubs) • Breast pump • Calcium supplements • Dental fluoride • Fiber supplements • Hair loss products | <ul style="list-style-type: none"> • Herbal medicines • Homeopathic remedies • Hormone therapy • Joint supplements • Medicated shampoos • Pedialyte • Snoring treatment products • Vaporizers/humidifiers | <ul style="list-style-type: none"> • Vitamins/minerals/supplements • Weight-loss products |
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¹Please note that this is not a complete list, but is intended to provide a medical FSA participant with examples to help determine what OTC items may be eligible from a medical FSA. Check for up-to-date information at the Benefit Resource, Inc. website: www.BenefitResource.com.